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"Caring for the Caregiver"

An educational video tape
for care providers and those who care about them

"Caring for the Caregiver" explores ways caregivers can take better care of themselves, reduce stress, make life easier and more enjoyable, and find help when it's needed.

Produced, directed, written and edited by Ismail Tsieprati, the ventilator-dependent filmmaker who produced **"It's Your Choice,"** an educational video tape about the ventilator decision, **"Caring for the Caregiver"** includes the viewpoints of several caregivers and many professionals.

Edward Anthony Oppenheimer, M.D., Chief of Pulmonary Medicine at Kaiser Permanente Medical Center, Los Angeles; Associate Professor of Medicine at the University of California, Los Angeles; and Director of Kaiser Permanente's Regional Home Ventilator Pilot Project, is the medical advisor and narrator of the video.

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